

EXERCISE AREA:

Opening & Starting | Getting in Deeper | Moving to Action | Energizer | Closing & Appreciation

Team Awards Ceremony

Purpose:

- Bringing a team together in celebration.

Supplies:

- Anything the team can think of that is readily at hand. Consider bringing in paper and markers and general art supplies.

Time:

- 15 minutes to create the award then a few minutes per award to present.

Context:

- Whether a team is in crisis, just coming out of crisis, or simply going through some sort of change moment, celebration of accomplishments and team positivity is often lost to the tasks at hand.

The Exercise:

If it is a small team of say less than 5 people they can work individually, while larger teams can be broken down into small groups to work together on the award they will give the entire team. This exercise works great with small groups building the awards.

Ask them to –

- Think about this for a few minutes - What are some things you have accomplished as a team over the last few years that you are really proud of?
- Now, imagine that you are going to get up in front of a large group of people made up of your colleagues, employees, customers, peers, local businesses, industry association participants, etc... and you are going to give an award to your team.
- Set yourself a timer for 15 minutes maximum, and within that time build the award to the point of being ready to present it to the team during our meeting. It can be anything - a speech, a physical thing of some kind that you show others over video, a song or poem or haiku, really anything you think that will convey a celebration of what you think is important. Please limit your presentation length to less than one minute.

As coach, be ready to pull out and make obvious the emotions and feelings the award carries with it. Best case is that the team will do that for themselves.

That's it! No pressure. Just a little fun...